



Guided School Program

Preparing for your child's visit to Five Rivers



Department of
Environmental
Conservation

Dear Parent/Guardian/Chaperone,

Your child will soon be visiting Five Rivers Environmental Education Center to learn about the natural environment. We're delighted to welcome you and share these ideas to ensure an enjoyable visit.

Help your child dress for success.

- Trails may be wet or muddy, so students should wear appropriate footwear.
- Long pants are recommended throughout the year.
- Bring rain gear if there may be rain. The lesson is geared for the out-of-doors!
- Bring a water bottle.
- In cold weather, hats, mittens, coats and warm boots are a must.
- In warm weather, a sun hat is a must and short sleeves are suggested.
- Close-toed shoes are required; no flip-flops or sandals.
- Insect repellent is not needed and is harmful to the wildlife we study and encounter at Five Rivers.
- If you feel strongly about using repellent, please read all warning labels and follow all directions.
- Do not apply to face or hands. Wait to apply repellent until you are certain it is needed.

Chaperones are an important part of this program.

- Encourage all students to participate in class activities and be part of them yourself.
- Your help with discipline and safety is vital for a successful visit.
- Dress appropriately for the weather. Follow the guidelines provided for the students.
- Remain attentive to the lesson, and please save personal conversations for outside the class.
- Do not use cell phones except in an emergency.
- Above all, enjoy this experience along with the students.

Reminder: After all outdoor activities—whether at home, school or Five Rivers—a thorough tick check should be performed on children and adults.

The Guided School Program is provided by Friends of Five Rivers in partnership with DEC.

We look forward to seeing you and/or your child at Five Rivers and hope it will be a fun-filled and exciting experience. Please contact us if you have any questions, or if you or your child have special needs. We will be happy to talk with you.

Sincerely,

Friends of Five Rivers Guided School Program

Phone: 518-475-0297

E-mail: gsp5Rivers@outlook.com

Dressing for the Weather

DRESSING FOR THE WEATHER

